



Behavioral Treatment Services STIRT – ICCS Kendall: 1651 Kendall Street Lakewood CO 80214

The Strategic Individualized Remediation Treatment (STIRT) Program is a 21-day intensive residential treatment & recovery program followed by 9 months of outpatient treatment. You will reside at the ICCS Kendall building for the residential program and will not have community access during the 21 days. Please address all medical and dental needs before arriving; ICCS is not a medical facility and cannot provide medical care. ICCS provides all bedding except for towels. You may wash your clothes once per week using coin-operated laundry machines on-site (coins will be provided for laundry). Three meals per day will be provided and you will have access to vending machines. An ICCS phone which dials local numbers is accessible during free time; you will not have access to your cell phone.

Please arrive on time for your intake appointment. Please eat a meal and take any morning medication prior to arrival. Late arrivals will be turned away and may be moved to the end of the waitlist.

We look forward to working with you in your path to recovery. We are committed to your success!

What to bring:

- 7-10 changes of season-appropriate clothes (comfortable pants, shorts, shirts, socks, under garments, sleepwear). **NO TANK TOPS.**
- 2 pairs of season-appropriate shoes. Comfortable walking shoes are a must.
- 1 season-appropriate coat or jacket
- Hygiene items (shampoo, conditioner, toothpaste, body soap, deodorant, razor). **Aerosol cans and products containing alcohol are not permitted.**
- Laundry detergent (bleach is not permitted). Coins for laundry are provided.
- A full 21-day supply of your prescription medications. If you do not have a 21-day supply of all prescription medication, you may not be able to enter the program. Must be in original packaging and prescription must be readable.
- Non-breakable water bottle or drinking cup
- Bath towel, shower shoes

Optional:

- Up to \$75 cash in small bills (\$1s, \$5s, and coins). If you bring \$75 into the program, you will not be allowed a money drop off during the program. This is the total allowed. Additional funds will be locked and returned at discharge.
- 3-week supply of cigarettes, disposable e-cigarettes, unopened/new nicotine vapes
- Envelopes & stamps to send letters
- Books, coloring books, & journal for down time

Do NOT bring:

- Any electronic device, including but not limited to: cell phones, cameras, recording devices, tablets, gaming devices, portable DVD players, MP3 players, or headphones.)
- Outside food
- Poker chips, lottery tickets, and other gambling paraphernalia.
- Loose tobacco, e-cigarettes
- Inhalants (liquid/gel glue, paint, sprays, markers, acetone, etc.)
- Copyrighted video material which has been recorded or reproduced
- Extension cords or any device which expands an electrical outlet
- Bedding and stuffed animals (ICCS will provide pillows and blankets).
- Photos or materials depicting any type of, or reference to, drugs or alcohol
- Incense or candles
- Aerosol products of any kind
- Scissors
- Expired, mislabeled, or unidentifiable prescriptions or over-the-counter medications. Any medications brought in need to be 100% verifiable.

Other items may be prohibited on a case-by-case basis.