



## Jail Based Behavioral Health Services (JBBS)

### The Jefferson County JBBS Program

The Jefferson County JBBS Program is a state-funded collaboration between the Jefferson County Sheriff's Office and two treatment agencies: Jefferson Center for Mental Health (JCMH) and Behavioral Treatment Services (BTS) to provide *voluntary* jail-based treatment for individuals experiencing substance use disorders and co-occurring substance use and mental health disorders, while also supporting community re-entry and reintegration.

The JBBS program provides screening, assessment, individual sessions, case management, transition planning and treatment groups, such as:

- Strategies for Self-Improvement and Change (SSC)
- Moral Reconciliation Therapy (MRT)
- Seeking Safety
- Mental Health Strategies for Co-Occurring Disorders
- Re-Entry and Reintegration Planning
- Dialectical Behavioral Therapy (DBT)
- Anger Management

### The JBBS Program History

- In 2010 Colorado HB 10-1352 passed which lowered penalties for drug use and possession
- The directed expected savings went to a Drug Offender Treatment fund and the Office of Behavioral Health targeted the jail population
- JBBS programming is offered in most counties across Colorado
- Jefferson County JBBS Program was launched in January 2012!

### Upcoming Changes

- Medication-assisted treatment
- Offering Narcan kits upon release

